

EMPHYSEMA REPORT



Here's a peek inside your lungs.

Your CT scan was performed on 2018-06-19.

79% Normal Density*

21% Low Density

* HealthMyne is intended to be used by trained medical professionals, and does not directly generate any diagnosis. Discuss with your physician regarding health implications of this lung density report, and its relation to emphysema. Density measurements reflect quantity of air (low density) and tissue (normal density) in the lungs, as percents by volume. Air is identified on CT images as values below -950 Hounsfield Units.

Good News! If you are a current smoker, according to the American Lung Association®, your body begins to repair the damage the minute you quit smoking.

20 MINUTES	12 HOURS	2-3 WEEKS	1-9 MONTHS
Your heart rate drops to a normal level.	The carbon monoxide level in your blood drops to normal.	Your risk of having a heart attack begins to drop. Your lung function begins to improve.	Your coughing and shortness of breath decreases.
1 YEAR	5-15 YEARS	10 YEARS	15 YEARS
Your added risk for coronary heart disease drops to half that of a smoker's.	Your risk of stroke drops to the same as someone who has never smoked. Your risk of cancer of the mouth, throat and esophagus drops to half that of a smoker's.	Your risk of dying from lung cancer drops to about half that of a smoker's.	Your risk of coronary heart disease is the same as someone who has never smoked.

For support in quitting smoking, including free quit coaching, a free quit plan, free educational materials, and referrals to local resources, call 1-800-QUIT-NOW (1-800-784-8669).

This material is provided by the American Lung Association®. Please visit the American Lung Association® for more information, or contact your physician. Source: U.S. Department of Health and Human Services. The Health Consequences of Smoking: A Report of the Surgeon General. Atlanta, GA: U.S. Department of Health and Human Services, Centers for Disease Control and Prevention, National Center for Chronic Disease Prevention and Health Promotion, Office on Smoking and Health, 2004.

